



Sweet Home Grenoble

Thermal Spas of Aix-les-Bains

Tuesday 30th January 2024 from 9:00am to 4.30pm

To help start the New Year gently, Sweet Home Grenoble invites members of the association to pass a day in a world of well-being.

Dive into a day of letting go of everything! Comfy in your robe, enjoy a magnificent view over the lac du Bourget, Aix-les-Bains and its old buildings. Relax in one of the swimming pools of thermal water at 43°C.

In an ambiance which combines light and modernity, the thermal spa welcomes you into a space completely conceived for your well-being:

- 1 interior pool of thermal water at 43°C (temperature indicative)
- 1 exterior pool of thermal water at 28°C in summer and 33°C in winter (temperature indicative)
- Sun beds, seats with water jets, whirlpool baths, counter-current swimming lanes, multi-jets, swan-neck jets
- Hammams, saunas, solarium
- Gym room

Bathrobe and towels are provided free of charge. For hygiene reasons, bath shorts are not allowed. Plastic sandals must be worn (available to purchase if needed). A swimming hat must also be worn in the Spa.

We will have lunch in a small cafeteria with salad, snacks and hot meal...

Meeting point : *At 8:45 am. In front of Grenoble museum.
Return to Grenoble around 16.30 or earlier depending on traffic.*

Participation: *Free! Offered by the Association if you are a member of the association, but add the cost of meal and carpooling.*

Registration : *At the Language exchange meeting or send the following form and the check payment payable to "Sweet Home Grenoble" to
Corinne CRESPI, 119 rue de Criel, 38500 VOIRON.
For further information contact :
Corinne CRESPI : 06 28 94 33 19
E-mail : sweethomegrenoble@hotmail.fr*

Registration Form

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Name :

Mobile phone :

Member : Free